



NEWSLETTER

NOVEMBER
2020

LOVE TO SWIM, SWIM FOR SAFETY, SWIM FOR LIFE

NEPEAN AQUATIC CENTRE EVA BORY'S SWIM SCHOOL

THIS ISSUE

- Christmas close dates!
- Christmas Gift Vouchers
- Colouring In Comp
- RLS Drowning Report
- Gift Vouchers
- NACSC Open Water
- Swim Shop
- School Holiday Program Jan 2021
- Pink Up Penrith
- Lets Be Social!

GIVE A GIFT FOR LIFE THIS CHRISTMAS

A gift voucher can be used for Swimming Lessons or any other products & services. Please enquire at Reception!



NEPEAN
Aquatic
CENTRE

EVA
Bory's

DEAR CUSTOMERS,

I don't mean to alarm you but.....it's less than 8 weeks until Christmas - so it's time to start thinking about Christmas trading! We will be CLOSED from Thursday 24th of December 2020, and we will re-open for trading on Saturday the 2nd of January 2021. Any lessons missed are to be booked as makeups by the end of the following month as always!

Christmas Colouring In Competition!

BACK BY POPULAR DEMAND! Great Prizes to be Won!

Keep your eyes on our website, our Facebook page and at reception for a new colouring in competition from mid November as we countdown to Christmas! Passes to Raging Waters (formerly Wet & Wild) to be won, and more prizes to be announced! Stay tuned! nepeanaquaticcentre.com.au



ROYAL LIFESAVING 19/20 DROWNING REPORT

Whilst every single life lost to drowning is too many, this years National Drowning report represents an encouraging step in the right direction. Although 248 people drowned in Australia in 2019/20, this is an 8% decrease on the previous year, and a 12% decrease on the ten year average. However, we can't get too carried away with this number, as last summer was unlike any



other, and we know that the bushfires, temporarily closed access to national parks and forced holiday cancellations lowered the total number of Australians swimming and recreating over this period as compared to the previous year. The 248 fatal drownings (89 of which were in NSW - the highest of any state) also do not reflect the further 504 people who experienced a non-fatal drowning incident, many of whom will experience long term injuries and challenges as a result.

Similarly, we can't yet be certain of the potential impacts of COVID-19 over the coming summer, or of the long-term safety impacts resulting from restricted access to learn to swim programs during periods of lockdown.

The 2019/20 Drowning Report shows that previous to COVID-19 implications the statistics around drowning deaths in children aged 0-4 has been improving, with a 52% decrease when compared with the 10-year average, and a 37% decrease when compared to last year. However, drowning remains the leading cause of accidental death of children under 5 years in Australia, so we can never underestimate the importance of swimming skills and supervision around water. Please, prioritise supervision, consistently attend swimming lessons and encourage others to enrol, and check pool fences and gates. Learn CPR, so that you know what to do in an emergency. We can never drown proof our children, but we can do everything possible to make them safer.

6TH ANNUAL NACSC OPEN WATER EVENT



219 swimmers from 40 NSW swim clubs turned out in force for the sixth annual Nepean Aquatic Centre Open Water Swim on October 24th at Sydney International Regatta Centre, Penrith. Last year's event saw 510 swimmers from 52 clubs compete for over \$4500, but this year the emphasis was simply on giving the athletes a chance to swim. Due to the Covid pandemic restrictions the event was this year limited to just 500 people including competitors, spectators, and officials.

Despite organisers being given just two weeks to pull the event together, all went smoothly on the day, with an emphasis on both water and covid safety. Many grateful competitors were given the opportunity to compete and achieve qualifying times needed for upcoming NSW State and Australian Championships after a season of cancelled events this year affording very few opportunities to do so.

Race Organiser Alan Bentley said "Organising this year's event in less than 2 weeks against the backdrop of Covid restrictions presented an enormous challenge, but the messages of support and thanks we have received from swimmers and clubs across the state has made it worth it many times over. The entire mood of the meet was positive and encouraging, and we are humbled by the way the local and swimming community pulled together with very little notice to make this event happen. Swimming in this region has received many setbacks this year, but the overwhelmingly enthusiastic response to this event proves that the sport is still very healthy". Bentley added, "We would like to thank everyone who volunteered to help - without all of these people we would not be able to run the event".

Official results now also posted on the Nepean Aquatic Centre Swim Club website under the "open water events" tab.

SWIM SHOP

Did you know our range is all at 15% off RRP? Great brands, great prices, great range of styles, all year round, for all ages! Speedo swimming costumes are perfect for the pool as they are made in Endurance fabric, which is chlorine resistant so it lasts the distance, providing comfortable wear in the water!



PINK UP PENRITH!

Thank you to our Aquarobics participants for lots of fun, lots of laughs, and lots of money raised in October!



School holidays

DATES FOR YOUR DIARY -
at NEPEAN AQUATIC CENTRE

SCHOOL HOLIDAY SPECIAL INTENSIVE SWIM LESSONS: Monday 11th January – Fri 22nd January 2021. Special pricing - 1 week (5 lessons) \$40, or 2 weeks (10 lessons) \$80!
AQUA FUN 4 KIDS: Tuesdays in January - 5th, 12th & 19th, 2021 - 12.30 - 1.30pm
AUSTRALIA DAY BBQ FUN DAY: Tuesday 26th January 2021 - more details to come!

DON'T BE ANTI-SOCIAL!
LIKE or FOLLOW us
on Facebook
& Instagram **TODAY!**



WE RAISED \$311.50 FOR PINK UP PENRITH!

