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JULY ACTIVE
KIDS VOUCHERS
ARE NOW
AVAILABLE!
\$100 for each
school age child just bring to
reception!







NEWSLETTER AUGUST 2020

LOVE TO SWIM, SWIM FOR SAFETY, SWIM FOR LIFE

NEPEAN AQUATIC CENTRE

EVA BORY'S SWIM SCHOOL

DEAR CUSTOMERS.

It's been a cold few weeks, and we would like to congratulate our dedicated customers for continuing your swim journey throughout winter! Consistent attendance is absolutely the best thing you can do to keep your children active, fit and healthy and to make sure the swim skills acquired to date do



not regress due to a further break in lessons, wasting all the time and money you have invested to date. Be sure to do any make up lessons owing asap, to promote further skill progression, or perhaps sign up to a second weekly lesson. With warmer weather just around the corner, turn over to see all the options available to become a Super Swimmer with us!

WE'RE COVID SAFE - THANK YOU!

Thank you to all of our staff and customers for assisting us to maintain our Covid Safe environment at both centres by doing the right thing. Please continue to stay vigilant, wash & sanitise hands. We encourage all to please arrive ready for lessons, maintain a 1 parent per child ratio at lessons, shower at home if you can to avoid overcrowding in change rooms, etc. Let's continue to work together to stay as safe as possible.



FREE PRE SCHOOL WATER SAFETY VISITS

Safety is of paramount importance, so we need to educate with swim safety messages from the earliest possible age – which is where our Pre & Primary School and Childcare Centre Water Safety Visits come in! Provided as a free service, we will come to your school / childcare centre with our mascot – Paddles The Platypus – and read stories, sing songs & use puppets to talk about water safety before a meet and



greet with Paddles the Platypus! We leave the school / childcare centre with CD/ DVD and story book to continue educating regarding water safety, and leave the children with a fun, positive, happy memory — which is the best way for them to learn these important lessons! We are now opening our bookings calander from September 2020, so if you would like us to visit your Pre or Primary School or Childcare Centre, please email julie@nepeanswim.com.au.

LOVE TO SWIM, SWIM FOR SAFETY, SWIM FOR LIFE! THERE ARE SO MANY WAYS TO GET SWIMMING WITH US!



Is your child 6 months or over? They should be swimming!

We cater for babies classes from 6 to 30 months, with all Water Babies classes tailored to the age and abilities of the children. Children learn important skills within each level before advancing to the next level, whilst having fun! Our program rotates over 4 weeks, giving variety and maintaining the children's interest whilst practising the skills that we want them to achieve. Teaching your child to swim from a young age is giving them an important gift for life, plus special bonding time for baby and their carer - Mum, Dad or Grandparent!

Do you know an Adult who cannot swim?

Did you never have the opportunity to learn to swim? Could you save your child if they were in trouble? Do you miss out on all the fun in the sun with your family that swimming provides? It is NEVER too late to learn! Our Adult Group lessons are 1 hour in duration and are delivered a block of either 8 or 10 weeks. Included in the price is also a FREE 10 visit swim pass that can be used at either of our centres. Please email belinda@nepeanswim.com.au with any queries! Make this year your year to overcome your fear of the water!

Already swimming? Become a Super Swimmer!

SECOND LESSON SPECIAL! Fast track your child's swimming skills with a second weekly lesson - just \$10, all year round, with further sibling discounts!

PRIVATE LESSON BLOCKS! 5 week blocks of Private Lessons are available at Eva Bory's Swim School at a discounted price of \$35 per lesson per half hour lesson! Please email belinda@nepeanswim.com.au to enquire.

KIDS SWIM 4 FITNESS? Structured swimming squad for children 8-16 years who wish to swim non competitively to maintain their water and general fitness!

CHANGES TO OPENING HOURS

Upon reopening we made some changes to Opening Hours, Public Swimming & Aquarobics timetables, so please be sure to pick up a timetable from reception,



or remember to check the website for all updated information and schedules. Summer bodies are made in winter & exercise is one of the best ways to combat stress, low mood, and any Covid kilos gained during lock down! Aquarobics is a fun, social and challenging aquatic workout for all ages and fitness levels, and is one of the highest fat burning forms of exercise available! Or swim laps for a more solitary workout, whilst incinerating calories and building fitness. See you soon at the pool!

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