

OPEN WATER SWIM

Hosted by



- DATE:** **SATURDAY 24th OCTOBER 2020**
- VENUE:** Sydney International Regatta Centre (SIRC), Penrith Lakes, Castlereagh Road, Penrith
- ARRIVAL TIME:** Competitors in the 2.5km event to arrive no earlier than 6.45am
Competitors in the 5km event to arrive no earlier than 9.15am (unless you have a sibling competing in the 2.5km event).
- START TIME:** **2.5 Km Junior Event** **BRIEFING: 07:45 AM** **EVENT START: 08:00AM**
5.0 Km Event **BRIEFING: 10:15 AM** **EVENT START: 10:30AM**
- DISTANCE:** 2.5 km Junior Event (Age 10 to 15 years)
5.0 km (minimum age 12 years)
- ENTRIES:** **Online entries available through Swim Central and close Wed 21st October, 2020 at 9.30pm. Entries are strictly limited to 230 competitors in total.**
- PRE ENTRY FEE:** **\$30.00 for 2.5 Km Junior event \$40.00 for 5km event**
- LATE ENTRIES:** **Due to the requirement to control event numbers under COVID-19 restrictions, there will be no late entries.**
- REGISTRATION:** 2.5km 7:00 AM to 7:30 AM, 5km 9:30am to 10:15am
- SPECTATORS:** **In order to comply with the current public health order, only one spectator per household will be permitted and must accompany a competitor.**
- COACHES:** **Only one coach per club will be permitted entry.**
- INFORMATION:** Further information can be obtained by contacting:-
Alan Bentley by email: alan@nepeanswim.com.au
Dave McCauley by email: nacsci.racesecretary@gmail.com

<http://www.nepeanaquaticcentreswimclub.com/open-water-events-1/>